

Scriptures Against Fear

The following is a list of scriptures on fear. Use them when fear is attempting to come. Fear does not necessarily mean danger; it simply means fear. We associate fear with danger because that is how our body interacts with our God given motivation for self-preservation. When we go into a dark room, we might sense fear, especially if we are apprehensive about the dark, but that does not mean that there actually is a danger. It only means that there is an unknown, and that unknown can breed fear – fear of the unknown. To fight the fear of the unknown, counteract it with faith based on the known – the known will of God. All Scriptures are from the New King James Version

The LORD is my shepherd; I shall not want. He makes me to lie down in green pastures: He leads me beside the still waters. He restores my soul: He leads me in the paths of righteousness for His name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for You are with me; Your rod and Your staff they comfort me. You prepare a table before me in the presence of my enemies: You anoint my head with oil; my cup runs over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD forever. [Psalm 23:1-6](#)

The LORD is my light and my salvation; whom shall I fear? The LORD is the strength of my life; of whom shall I be afraid? When the wicked, even my enemies and my foes, came upon me to eat up my flesh, they stumbled and fell. Though a host should encamp against me, my heart shall not fear: though war should rise against me, in this will I be confident. One thing have I desired of the LORD, that will I seek after; that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to inquire in His temple. For in the time of trouble He shall hide me in His pavilion: in the secret of His tabernacle shall He hide me; He shall set me up upon a rock. And now shall my head be lifted up above my enemies round about me: therefore will I offer in His tabernacle sacrifices of joy; I will sing, yea, I will sing praises unto the LORD. [Psalm 27:1-6](#)

God is our refuge and strength, a very present help in trouble. Therefore we will not fear, though the earth be removed, and though the mountains be carried into the midst of the sea; Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah. [Psalm 46:1-3](#)

Cast your burden upon the LORD, and He shall sustain you: He shall never suffer the righteous to be moved. [Psalm 55:22](#)

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What time I am afraid, I will trust in You. In God I will praise His word, in God I have put my trust; I will not fear what flesh can do unto me. [Psalm 56:3-4](#)

When I cry unto You, then shall my enemies turn back: this I know; for God is for me. In God will I praise His word: in the LORD will I praise His word. In God have I put my trust: I will not be afraid what man can do unto me. [Psalm 56:9-11](#)

I called upon the LORD in distress: the LORD answered me, and set me in a large place. The LORD is on my side; I will not fear: what can man do unto me? [Psalm 118:5-6](#)

Be not afraid of sudden fear, neither of the desolation of the wicked, when it comes. For the LORD shall be your confidence, and shall keep your foot from being taken. [Proverbs 3:25-26](#)

The fear of man brings a snare: but whoever puts his trust in the LORD shall be safe. [Proverbs 29:25](#)

Blessed is the man that trusts in the LORD, and whose hope the LORD is. For he shall be as a tree planted by the waters, and that spreads out her roots by the river, and shall not see when heat comes, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit. [Jeremiah 17:7-8](#)

Behold, God is my salvation; I will trust, and not be afraid: for the LORD JEHOVAH is my strength and my song; He also is become my salvation. [Isaiah 12:2](#)

Peace I leave with you, My peace I give unto you: not as the world gives, give I unto you. Let not your heart be troubled, neither let it be afraid. [John 14:27](#)

For you have not received the spirit of bondage again to fear; but you have received the Spirit of adoption, whereby we cry, Abba, Father. [Romans 8:15](#)

And we know that all things work together for good to them that love God, to them who are the called according to His purpose. For whom He did foreknow, He also did predestine to be conformed to the image of His Son, that He might be the firstborn among many brethren. Moreover whom He did predestine, them He also called: and whom He called, them He also justified: and whom He justified, them He also glorified. What shall we then say to these things? If God be for us, who can be against us? He that spared not His own Son, but delivered Him up for us all, how shall He not with Him

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also freely give us all things? Who shall lay any thing to the charge of God's elect? It is God that justifies. [Romans 8:28-33](#)

For God has not given us the spirit of fear; but of power, and of love, and of a sound mind. [2 Timothy 1:7](#)

Let your conversation be without covetousness; and be content with such things as you have: for He has said, I will never leave you, nor forsake you. So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me. [Hebrews 13:5-6](#)

Likewise, you younger, submit yourselves unto the elder. Yes, all of you be subject one to another, and be clothed with humility: for God resists the proud, and gives grace to the humble. Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time: Casting all your care upon him; for He cares for you. [1 Peter 5:5-7](#)