

# JEHOVAH SHALOM / SAR SHALOM

THE LORD OUR PEACE / PRINCE OF PEACE

## PRAYING THROUGH THE NAMES OF GOD

by Faith Girl

### BACKGROUND

Shalom is a Hebrew word, so much richer in its range of meanings than the English word “peace,” which usually refers to the absence of outward conflict or to a state of inner calm.

The concept of shalom includes these ideas but goes beyond them, meaning “wholeness,” “completeness,” “finished word,” “perfection,” “safety,” or “wellness.”

Shalom comes from living in harmony with God. The fruit of that harmony is harmony with others, prosperity, health, satisfaction, soundness, wholeness, and well-being.

When you pray to Yahweh Shalom, you are praying to the source of all peace. No wonder his Son is called the Prince of Peace.

Yahweh Shalom( yah-WEH sha-LOME) is a title rather than a name of God. Shalom is a common term for greeting or farewell in modern Israel. When you say shalom, you are not simply saying “Hello,” or “Have a Good Day.”

In its deepest meaning, it expresses the hope that the person may be well in every sense of the word— fulfilled, satisfied, prosperous, healthy, and in harmony with themselves, others, and God. Shalom is a covenant word, an expression of God’s faithful relationship with his people.

The peace we long for comes only from God. We need the reminder because we are so easily fooled into thinking that personal security lies elsewhere— in a fat retirement account, the perfect relationship, a good education, a prestigious job. And if we aren’t careful, the blessings we crave may turn into desires that destroy our peace.

### SCRIPTURE

“So Gideon built an altar to the LORD there and called it The LORD is Peace.”  
(Judges 6: 24)

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““Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”  
(Philippians 4: 6- 7)

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“The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. “  
(Galatians 5: 22)

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“You will keep in perfect peace him whose mind is steadfast, because he trusts in you. “  
(Isaiah 26: 3)

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"Happy are those who find wisdom, and those who get understanding.... Her ways are ways of pleasantness, and all her paths are peace."  
(Proverbs 3: 13, 17 NRSV)

"Pray for the peace of Jerusalem: "May those who love you be secure. May there be peace within your walls and security within your citadels." For the sake of my brothers and friends, I will say, "Peace be within you."  
(Psalm 122: 6– 8)

"For a child will be born to us, a son will be given to us; And the government will rest on His shoulders; And His name will be called Wonderful Counselor, Mighty God, Eternal Father, Prince of Peace [Sar Shalom]. "  
ISAIAH 9: 6

Real peace comes only from practicing the presence of God. If you have been feeling troubled and restless, harassed or oppressed, take a look inside. What's stealing your peace? What's making you anxious and frustrated? Have you slipped away from God? Have you become too busy to practice his presence and seek his face? Have you made compromises that have slowly eroded your faith?

If the answer to any of these questions is yes, cry out to God as the people of Israel did in Gideon's day. Ask him to draw you more deeply into his presence, delivering you from the enemies of your soul intent on stealing your peace and robbing you of the good things he intends.

What is it that is making you anxious today? Don't let it rob you of the peace God promises. Instead, entrust your situation to him in prayer. Ask him to guard your heart and your mind by giving you the peace that transcends all understanding.

To live in the presence of God through the power of the Holy Spirit is to be at peace— at peace with God, with others, with ourselves. He is the source of true shalom, of prosperity, harmony, safety, health, and fulfillment. No matter how turbulent our world becomes, we can be at peace, showing forth his presence regardless of circumstances.

**Lord, I long for peace, the peace that only you can give. Please help me to pray for peace throughout the world and peace within my own heart. Help me to do the things I need to in order to experience true shalom. Amen.**

# Prayer Suggestions

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Jehovah Shalom, you are the prince of peace.  
You hold this world together simply by your intent.  
Where there is chaos, you bring calm.  
Where there are struggles, you bring stability.  
You alone embody peace and can bring peace to our lives,  
our homes, our churches, our communities, and our nation.  
The mere mention of your name ushers in a certain stillness.  
You alone know what is needed to bring about order and  
tranquility.  
You are worthy of my highest praise and adulation.

Jehovah Shalom, just as the disciples couldn't rest on the  
boat when a storm arose, sometimes I worry and fret during  
my personal storms.  
Yet in the midst of the stormy sea, you slept. You slept in  
peace because you are peace, and storms carry no authority  
over you.  
Forgive me for living a sleepless life on so many stormy  
occasions and for failing to rest in your peace.  
I confess that peace is sometimes elusive, and I beg your  
forgiveness for not letting go and letting you reign  
peacefully in my life.

Jehovah Shalom, I lift up my tired and worn-out heart to  
you in gratitude for your gift of peace. You calm the storms  
with but a word and subdue enemies with but a stone, and  
you offer me peace throughout my days.  
Thank you for this greatest of blessings.  
Thank you for the rest that comes by abiding in your  
presence,

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Sar Shalom. I don't need to fight or fret, but rather to rest in your peace.

Even when I don't understand the circumstances around me and life seems unfair, you have a way of bringing a peace that calms all my confusions.

It is a beautiful thing, and I thank you for it.

Jehovah Shalom, give me peace when I'm prone to worry. Give me peace when I'm tempted to doubt.

Fill my mind with your thoughts of peace to such a degree that my face, my muscles, my nonverbal expressions— my body language— reflect this peace to those around me.

That alone would be a great victory, and I trust you to do this in my life.

I ask for peace in my relationships— where there is conflict, bring resolution and restoration.

I ask for peace in my heart— where there is doubt, bitterness, or regret, I ask for wisdom and acceptance within.

Let my words bring peace to those around me.

And bring about peace between the races and ethnicities in the world and in my nation.

Quell the violence with your peace as only you can.